





# AGENDA

- **Welcome, Intros, Agenda review**
- **Discussion: Lived Experience Perspectives on Crisis System Gaps**
- **How to be more effectively heard**
- **Adjourn formal meeting**
- **Open discussion session**
- **Next meeting:**

**MON MARCH 13<sup>TH</sup> 1.00 PM - 3.00 PM**

# Zoom Technology Moment: Committee Members







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# What we count as mobile crisis response

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- ▶ Core team – used for planning purposes
  - ▶ Clinician
    - ▶ MHP
    - ▶ MHCP
    - ▶ SUDP
  - ▶ Peer
  - ▶ Supervisor
- ▶ Stabilization team – used for in-home stabilization expansion
  - ▶ Stabilization specialist (clinician focused on stabilization)
  - ▶ Stabilization peers
  - ▶ Care coordinator

# What is not mobile crisis response

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- ▶ Crisis response system
  - ▶ Co-responders
  - ▶ DCRs
  - ▶ Recovery Navigators
- ▶ Other important crisis providers
  - ▶ FCS providers
  - ▶ Forensic Navigators
  - ▶ Peer Bridgers
  - ▶ Other social services teams

# Questions for you

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- ▶ Are our assumptions about MCR correct?
  - ▶ Team composition assumption correct?
- ▶ Should we consider any other models or services for MCR?
- ▶ What should we consider a “service area?”
  - ▶ Region level
  - ▶ County level
  - ▶ Other?
- ▶ How should we prioritize expansion?
  - ▶ Factors we should consider?
  - ▶ Metrics?
  - ▶ Data?



# HOW TO BE MORE EFFECTIVELY HEARD

- **SHARE YOUR STORY / COMMENT**

- *AT CRIS OR STEERING MTG*
- *SHARE PUBLIC COMMENT AT THE END OF CRIS & STEERING MEETINGS*

(EMAIL: [npinson@healthmanagement.com](mailto:npinson@healthmanagement.com))

- **ENGAGE WITH OFFICE OF RECOVERY PARTNERSHIPS AT HCA**

(EMAIL: [dakota.steel@hca.wa.gov](mailto:dakota.steel@hca.wa.gov))

[https://www.hca.wa.gov/about-hca/programs-and-initiatives/behavioral-health-and-recovery/office-recovery-partnerships#:~:text=The%20Health%20Care%20Authority's%20\(HCA,care%20policies%20across%20the%20state](https://www.hca.wa.gov/about-hca/programs-and-initiatives/behavioral-health-and-recovery/office-recovery-partnerships#:~:text=The%20Health%20Care%20Authority's%20(HCA,care%20policies%20across%20the%20state)

- **ENGAGE WITH LEGISLATORS**

- *Write to, meet with, email legislators*
- *Provide public comment at bill hearings*

- **ENGAGE WITH YOUR LOCAL OMBUDS SERVICE**



# Lived experience CRIS subcommittee

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# Agenda

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How do you get to the main page of the Washington State Legislature?

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Things that you can do on the legislature main page.

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How do you learn about House committees, members, and programs?

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How do you learn about the Senate?

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How do you learn more about a specific bill?

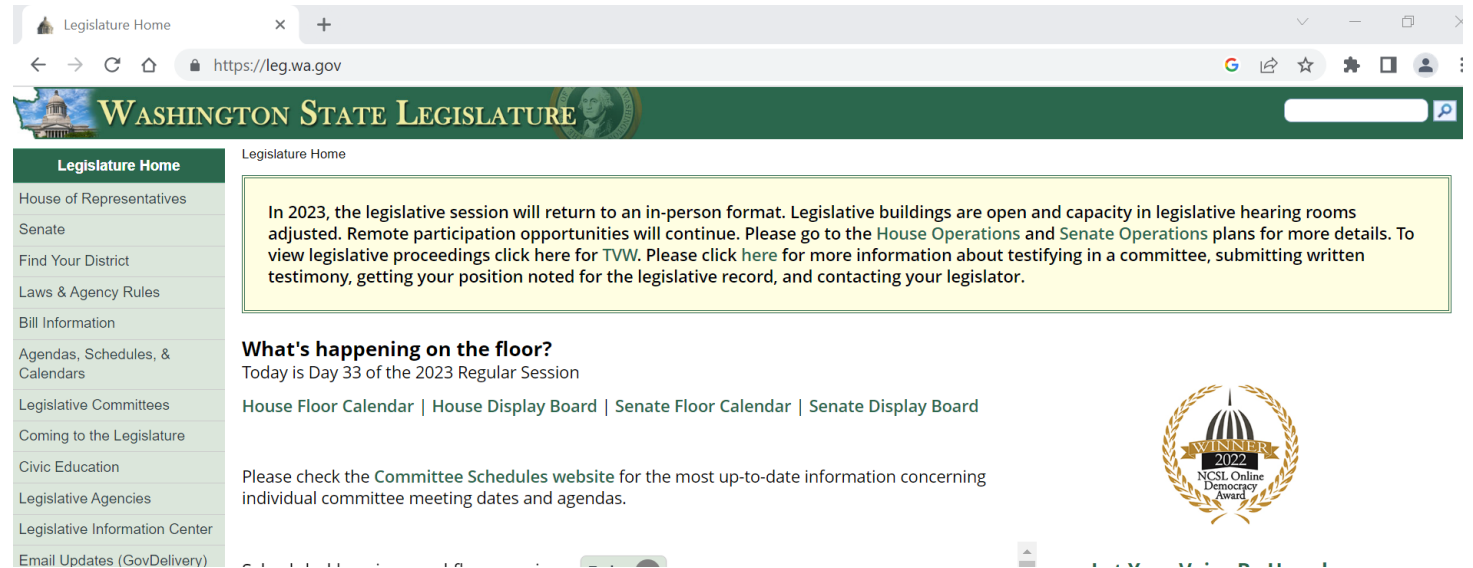
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How do you learn more?

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# How do you get to the main page of the Washington State legislature?

▶ [Go to leg.wa.gov](https://leg.wa.gov)



The screenshot shows the homepage of the Washington State Legislature website. The browser address bar displays "https://leg.wa.gov". The page features a green header with the text "WASHINGTON STATE LEGISLATURE" and a search bar. A left-hand navigation menu lists various sections: "Legislature Home", "House of Representatives", "Senate", "Find Your District", "Laws & Agency Rules", "Bill Information", "Agendas, Schedules, & Calendars", "Legislative Committees", "Coming to the Legislature", "Civic Education", "Legislative Agencies", "Legislative Information Center", and "Email Updates (GovDelivery)". The main content area includes a yellow alert box with text about the 2023 legislative session format. Below this, a section titled "What's happening on the floor?" indicates it is Day 33 of the 2023 Regular Session and provides links to the House Floor Calendar, House Display Board, Senate Floor Calendar, and Senate Display Board. A note advises checking the Committee Schedules website for meeting dates and agendas. On the right side, there is a circular award logo for the "2022 NCSL Online Democracy Award".

Legislature Home

House of Representatives

Senate

Find Your District

Laws & Agency Rules

Bill Information

Agendas, Schedules, & Calendars

Legislative Committees

Coming to the Legislature

Civic Education

Legislative Agencies

Legislative Information Center

Email Updates (GovDelivery)

Legislature Home

In 2023, the legislative session will return to an in-person format. Legislative buildings are open and capacity in legislative hearing rooms adjusted. Remote participation opportunities will continue. Please go to the [House Operations](#) and [Senate Operations](#) plans for more details. To view legislative proceedings click [here](#) for TVW. Please click [here](#) for more information about testifying in a committee, submitting written testimony, getting your position noted for the legislative record, and contacting your legislator.

**What's happening on the floor?**  
Today is Day 33 of the 2023 Regular Session

[House Floor Calendar](#) | [House Display Board](#) | [Senate Floor Calendar](#) | [Senate Display Board](#)

Please check the [Committee Schedules website](#) for the most up-to-date information concerning individual committee meeting dates and agendas.

2022  
WINNER  
NCSL Online  
Democracy  
Award

# Things that you can do on the legislature main page

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## Let Your Voice Be Heard

Contact Your Legislators

Participating in the Process

Find Member Information/Rosters

Accessibility Information

## Find

Laws & Rules

Your District & Legislators

Bills

Committee Meeting Schedules & Agendas

Audio & Video on TVW

## About the Legislature

House

Senate

Committees

Legislative Agencies

Legislative Information Center

## Track Legislation

Track Bills

Email Updates (GovDelivery)

RSS Feeds

Web Services

# How do you learn about House committees, members, and programs?

- ▶ Go to [the legislature main page](#).
- ▶ Click on [House of Representatives](#)
- ▶ Click on [the committee member or program](#) of your choice.

The screenshot shows the Washington State Legislature website. The browser address bar displays the URL: <https://leg.wa.gov/House/Pages/default.aspx>. The page header features the Washington State Legislature logo and the text "WASHINGTON STATE LEGISLATURE". The main navigation menu on the left includes: House of Representatives, Administration, General Information, House Mission Resolution, Representatives, Committees, House Democratic Caucus, House Republican Caucus, Office of Program Research, Page and Intern Programs, House Daily Journals, House History, House Employment, Public Records Information, Investigation Report, and Main Sections. The "Main Sections" menu is expanded, showing: Legislature Home, House of Representatives, and Senate. The main content area is titled "House of Representatives" and includes a breadcrumb trail: "Legislature Home > House of Representatives". A yellow callout box contains the following text: "In 2023, the legislative session will return to an in-person format. Legislative buildings are open and capacity in legislative hearing rooms adjusted. Remote participation opportunities will continue. Please go to the [House Operations](#) and [Senate Operations](#) plans for more details. To view legislative proceedings click [here](#) for TVW. Please click [here](#) for more information about testifying in a committee, submitting written testimony, getting your position noted for the legislative record, and contacting your legislator." Below the callout box, the "House Member Directory" section is visible, listing the current 98 House members and providing links to their biographies, bill sponsorships, e-mail addresses, voting records, recent newsletters, and press releases. The "House Standing Committees" section is also visible, listing "House Committees" and "Office of Program Research".



# How do you learn about the Senate?

- ▶ Go to [the legislature main page](#).
- ▶ Click [on Senate](#)

| Senate                        |
|-------------------------------|
| enate                         |
| Administration                |
| Senators                      |
| Committees                    |
| Senate Daily Journals         |
| Public Records Information    |
| Main Sections                 |
| egislature Home               |
| ouse of Representatives       |
| enate                         |
| aws & Agency Rules            |
| gendas, Schedules, & alendars |
| ill Information               |
| iew all links                 |

## Senate

[Legislature Home](#) > [Senate](#)

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### Senators

Biographies, Legislative District Maps, Contact Information, Leadership and Committee Assignments.

### Lieutenant Governor Denny Heck

President of the Washington State Senate

### Democratic Caucus

### Republican Caucus

### Senate Committee Services

[Committee Schedules, Agendas, and Documents](#)  
[Participate in the Committee Hearings](#)

# How do you learn about a specific bill?

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- ▶ Go to [the legislature main page](#).
- ▶ Click on [bill information](#).
- ▶ Type your bill number in the section that says search by bill number.
  - ▶ Make sure that you are in 2023-2024

## Bill Information

**Search by Bill Number**

Bill number

**Bill** Initiative

2023-24

# How can you learn more?

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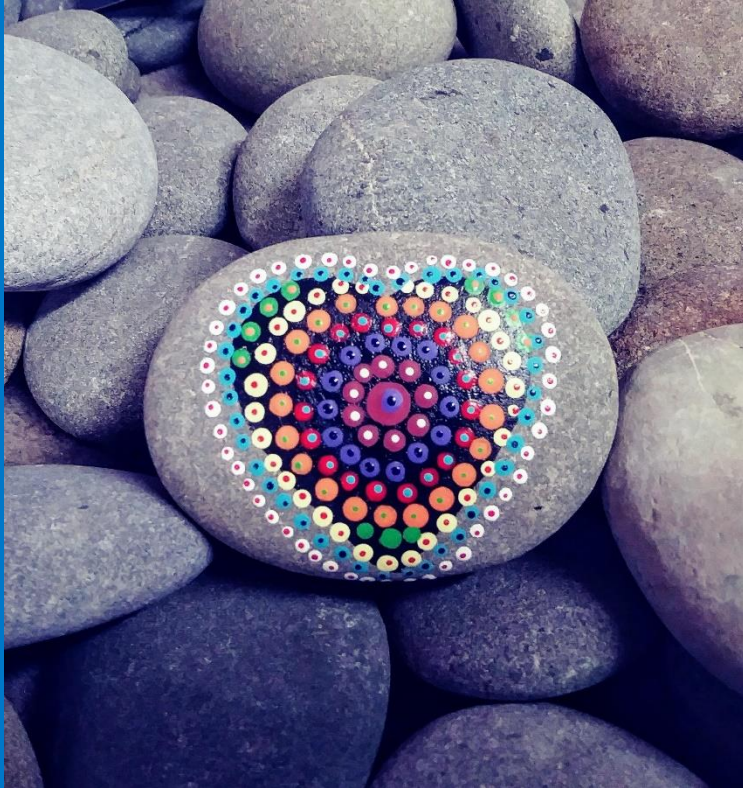
- ▶ [Sign up](#) to receive Office of Recovery Partnerships announcements.
- ▶ Attend the community engagement legislative call on **Wednesday, February 22 from 12 to 1 p.m.**
  - ▶ [Join call via Teams](#)
  - ▶ Join call via Phone:
    - ▶ (833) 598-2099
    - ▶ Phone Conference ID: 936 076 716#



# What is the Office of Recovery Partnerships (ORP)?

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- ▶ Promotes hope, resilience, and recovery for all people.
- ▶ Helps people with lived experience advocate for relevant, meaningful, culturally-honoring, community driven wellness opportunities.
- ▶ Helps people with lived experience to shape, inform, and transform behavioral health systems in Washington State.



## For questions

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- Contact Dakota Steel, Senior Manager of Office of Recovery Partnerships
  - [Dakota.Steel@hca.wa.gov](mailto:Dakota.Steel@hca.wa.gov)
  - 360-622-1958



# WA Speaks

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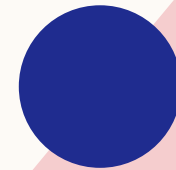
**Washington**

**SPEAKS**

# **SPONSORED BY**

Washington State  
Health Care Authority

Office of Recovery Partnerships



# **WASHINGTON STATEWIDE PEER ENGAGEMENT AND ADVOCACY KEYNOTE SPEAKERS**



**Washington**  
SPEAKS

Statewide speaker's bureau tasked with sharing hope, recovery, and resiliency in an effort to end stigma towards those who have lived/living experience with or who have been impacted by behavioral health challenges, neurodiversity, and post traumatic stress injury.

# TYPICAL TOPICS

- Hope filled personal stories,
- Mental Health and Recovery,
- Substance Use Recovery,
- Medically Assisted Treatment,
- How to navigate systems
- Family Support,
- Peer Support,
- Diversity, Inclusion, Justice, and Equity,
- Intersectionality,
- Parity,
- Health Equity, and
- Leadership



# OBJECTIVES AND ACTIVITIES

## Preparation and Practice

1. Determine Message and consider Pain to Power
2. Ready with Self-care Plan
3. Research, Organize, Write
4. Present to Peers
5. Solicit Feedback

# ARE YOU INTERESTED IN:

- Learning about crafting a message that is trauma-informed and tailored to your audience?
- Using strength-based and recovery language?
- Sharing your message and asking for constructive feedback?

**Contact:**

**Abbey Wellemeyer, MPA, CPC, RC**

Sign-up at <https://www.allwellconsulting.com/wa-speaks>



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