

**Behavioral Health Advisory
Council**

September Agenda

**Wednesday, September 6th,
2023**

9:30 AM – 1:30 PM

Attendees:					
<input checked="" type="checkbox"/>	Keri Waterland (DBHR)	<input checked="" type="checkbox"/>	Susan Kydd	<input type="checkbox"/>	Christal Eshelman
<input checked="" type="checkbox"/>	Michael Langer (DBHR)	<input checked="" type="checkbox"/>	Richelle Madigan	<input type="checkbox"/>	Bridget Underdahl
<input checked="" type="checkbox"/>	Teesha Kirschbaum (DBHR)	<input type="checkbox"/>	Tana Russell	<input type="checkbox"/>	David Musser
<input checked="" type="checkbox"/>	Robert Hopkins	<input checked="" type="checkbox"/>	Vanessa Lewis	<input type="checkbox"/>	Michelle Tinkler
<input type="checkbox"/>	Jeff Spring	<input type="checkbox"/>	Shawn Brannan	<input checked="" type="checkbox"/>	Tessa Clements
<input checked="" type="checkbox"/>	Jenni Olmstead	<input checked="" type="checkbox"/>	Clarissa Fletcher	<input type="checkbox"/>	
<input checked="" type="checkbox"/>	Jolie Ramsey	<input type="checkbox"/>	Ruth Leonard	<input checked="" type="checkbox"/>	Guest: Brian Rebar (BHAB)
<input type="checkbox"/>	Josh Wallace	<input checked="" type="checkbox"/>	Nathan Lusk (DBHR)	<input checked="" type="checkbox"/>	Guest: Carolyn Cox
<input checked="" type="checkbox"/>	Katie Mirkovich	<input checked="" type="checkbox"/>	Janet Cornell (DBHR)	<input checked="" type="checkbox"/>	Guest: Gabriel Hamilton
<input type="checkbox"/>	Nelson Rason	<input checked="" type="checkbox"/>	Tori McDermott Hale (DBHR)	<input checked="" type="checkbox"/>	Guest: Stu Parker
<input type="checkbox"/>	Kielan Lynch	<input checked="" type="checkbox"/>	Kim Wright (DBHR)	<input type="checkbox"/>	Guest: Dakota Steel (DBHR)
<input type="checkbox"/>	Marcia Mongrain-Finkas	<input checked="" type="checkbox"/>	Nicole Chaskin (DBHR)	<input checked="" type="checkbox"/>	Guest: Miranda Meier (Dep. of Commerce)
				<input type="checkbox"/>	Julee Christianson (OSPI)

#	Agenda Items	Time	Lead	Decisions and Summary of Meeting
	<p>Welcome & Call to Order</p> <ul style="list-style-type: none"> Attendance Approve July minutes. Vote Julee Christianson and Miranda Meier as new members 	9:30am	Richelle Madigan	<p>Quorum not reached only 8 members present.</p> <p>Richelle put forward updating name plates to have members share what lens members are coming into the meeting with.</p>
	: Council Member Roundtable	9:45am	Roundtable	<p>Robert Hopkins (member)- HCA Sponsored Co-occurring Disorder Treatment Conference October 15th-17th</p> <p>Richelle Madigan (Co-chair) – Putting together an annual event with Washington State Community Connectors that will network Please send Richelle contacts of any community/family run organizations that people use as behavioral health support</p> <p>Carolyn Cox (guest)- executive director of the Spark Peer Learning Center in Eastern Washington. Training entity for certified peer counseling. Currently the only one doing family and youth trainings in person. Also do crisis awareness trainings. Working with HCA CYF team to set up trainings for first time parents.</p> <p>Gaberial Hamilton (guest)- Youth Peer Specialist for Spark. Has been a peer for 5 years. statewide lead at the family youth system partner roundtable.</p>

			<p>Vanessa Lewis (member)- has been at PAVE for 26 years. Currently training and providing education for families and professionals who are navigating the special education system.</p> <p>Tessa Clements (member)- her team is sponsoring a judicial and psychiatric leadership session. Every judge in the state is invited. recently added a new member with trauma informed criminal justice training providing a traumatic brain injury training to judges and court managers.</p>
· Presentation on Behavioral Health Advisory Boards	10:05pm	Brian Rebar	<p>See Presentation</p> <p>Q and A: Are there any identified issues that resonant with you?</p> <p>Tessa Clements (member): the story of the person having such problems with front desk staff really highlights the need for trauma informed care training at all levels of staff, front desk staff on up.</p> <p>Richelle Madigan(member) : Encouraged the idea of the BHAB’s gathering data on trends that they can then share to BHAC, that BHAC can then use in their report on Block Grant Recommendations.</p> <p>Susan Kydd (member): Strongly supports trauma informed care but advocates for even more support and funding for clients that have trauma.</p> <p>Brian Rebar (Presenter) : A lot of clients and people do not even realize they have trauma so the need is very great, especially in the MH and SUD fields.</p> <p>Katie Mirkovich (member): Listed several community resources. division of vocational rehab programs, IEPs and 504s, FCS programs, WA department of veteran affairs.</p> <p>Vanessa Lewis (member): is any of this work with veterans experience happening in prisons?</p> <p>Brian Rebar (Presenter): Some of the grants serving veterans is happening in jails. He will bring the suggestion to expand to prisons back to his workgroup.</p> <p>Brian Rebar (Presenter): Please reach out and share anything that is happening at the state level and that we can foster a bigger relationship between</p>
· Short Break	10:50am	All	

<p>Directors Dialogue</p> <ul style="list-style-type: none"> Recap events DBHR has participated in. 	<p>11:00am</p>	<p>Keri Waterland, Michael Langer, Teesha Kirschbaum</p>	<p>Keri Waterland (Director) : Block Grant Application has been submitted. We really appreciate the feedback BHAC gave on the DBHRs response to the BHAC recommendations.</p> <p>Tribal Opioid Summit was held in May, hosted by the Lummi nation. Was the first one held in the state, and really excited to see what has come out of it. Tribes were able to connect directly with the governor about Behavioral Health Needs that disproportionately affect those communities.</p> <p>Also attended the National Opioid tribal summit and had lots of great opportunities to connect and network with vendors</p> <p>WA state has given more money for Crisis 988 funding than SAMHSA has provided which gives WA an opportunity to create a very robust crisis system around behavioral health.</p> <p>Richelle: As someone with lived experience and not a professional background I wanted to highlight how we are incorporating people with lived experience connecting people at a high level.</p> <p>Michael Langer (Deputy Director):</p> <p>Region 10 Opioid Summit- July 2023</p> <ul style="list-style-type: none"> Enhanced knowledge of continuum of care and harm reduction improved collaboration among four states in Region 10; increased program and outcome sharing among program participants. <p>Coalition Leadership Institute:</p> <ul style="list-style-type: none"> Strengthened relationships among prevention providers in areas around the state, as well as with prevention staff from HCA/DBHR <p>Transforming of Communities took place in June</p> <ul style="list-style-type: none"> This annual two-day event aims to bring diverse participants together to understand the perspectives of people who use drugs, understand the importance of equitable access to care and services, build partnerships and connect people within their communities, and brainstorm new and fresh ideas. <p>Teesha Kirschbaum (Deputy Director) - Peer Pathways- August 23rd and 24th</p> <ul style="list-style-type: none"> 400 Certified Peers Counselors, Peer Specialists, Recovery Coaches, peers and peer allies from across the state-
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<p>Directors Dialogue</p> <ul style="list-style-type: none"> SAMHSA TA for Planning Council 	<p>11:00am</p> <p>Keri Waterland, Michael Langer, Teesha Kirschbaum</p>	<p>SAMHSA- When the SAMHSA monitoring visit in June, DBHR received lots of positive verbal feedback. And out of that, the monitor requested SAMHSA TA for the Planning Council and DBHR received approval last week. The timeline is between September 2023 to January 2024.</p> <p>There might also be an opportunity to take the TA BHAC gets from this process and share it with other states.</p> <p>Phase 1 (September 1 – October 31) Develop and provide training session including Roles and Responsibilities for Planning Council members and in-depth</p>

			<p>MHBG 101. Provide tools including a block grant review sheet. Virtual attendance at Council sessions as needed. This phase lays the groundwork for the development of a Milestones Plan in Phase 2.</p> <p>Phase 2 (November 2023 – January 2024) Develop framework for Milestones Plan including leadership of the Council; In-person working session to complete plan including timelines and strategies to sustain engagement and increase diversity.</p> <p>More information will be sent out regarding the timeline and action items.</p>
<p>Directors Dialogue</p> <ul style="list-style-type: none"> • Trueblood Update- introduce new section 	11:00am		
<p>Directors Dialogue</p> <ul style="list-style-type: none"> • Brief Overview of DBHR Discretionary Grants 	11:00am	<p>Keri Waterland, Michael Langer, Teesha Kirschbaum</p>	<p>Prevention</p> <ul style="list-style-type: none"> • Partnerships for Success: (2018) 5th and final year of grant. The goal of PFS is to strengthen community coalitions in WA to expand and enhance their local efforts to successfully implement the strategic prevention framework and proven prevention strategies in order to more effectively and efficiently prevent substance use disorders among populations of focus. • Strategic Prevention Framework (SPF) for Prescription Drugs Grant: (SPF) for Prescription Drugs Grant: In 2nd year of four-year grant. The grant’s primary population of focus are residents particularly youth and young adults, who have been identified as being at risk of misusing prescription drugs. This grant is designed to address these risks by implementing a collaborative strategic plan that will include prevention campaign messaging, evidence-based prevention education, prescriber education, and increased utilization of the Prescription Drug Monitoring Program (PDMP). <p>CYF</p> <ul style="list-style-type: none"> • System of Care Grants: Designed to support the roll out of Mobile Response and Stabilization Services and foster partnership and collaboration with parent run organizations in design,

training, and implementation. This grant focuses initially on Spokane and Pierce County.

- **Healthy Transitions Grant:**
HTP is aimed at developing non-traditional access and engagement opportunities for youth and young adult 16-25 in to increase access to behavioral health services.
- **Transformation Transfer Initiative Grant:** A small discretionary grant that allows the state to receive technical assistance and support for the implementation of Mobile Response and Stabilization Services, as well as develop an MRSS 101 training (in progress).
- **AWARE:** Project AWARE is a grant from SAMHSA, obtained by OSPI and co-lead by the P-25 section, spread over five years to build infrastructure and expand the capacity of the state and district partners around behavioral health. The model is based on an MTSS (multi-tiered system of supports) behavioral health framework.
- **Integrated Care Program for Children and Adolescents with Serious Emotional Disturbances and Co-occurring Physical Health Conditions:**
Integrated care program seeks to enhance the overall well-being and physical health of children and adolescents with serious emotional disturbances and co-occurring physical health conditions in eastern Washington State. By fostering integration and collaboration between primary healthcare and behavioral healthcare, implementing evidence-based practices, and improving care coordination, the program aims to provide comprehensive and coordinated care to this specific population. The project strives to achieve sustainable system improvements, expand integrated care services, and enhance health outcomes for children and adolescents in need. The program targets children and adolescents, ages 0-25, residing in six counties in eastern Washington State, specifically in and around Spokane, WA.

Adult SUD

Residential Substance Abuse Treatment for State Prisoners (RSAT) Program

The RSAT program provides evidence-based SUD treatment to incarcerated individuals with co-occurring disorders, substance use disorders, and mental health disorders. The program also encourages the use of Medication-Assisted Treatment and prepares participants for reintegration into the community by linking them with recovery aftercare services. The RSAT Program is implemented at the following sites:

- Island County Jail
- Jefferson County Jail
- Washington Corrections Center for Women

Adult Drug Court and Veterans Treatment Court Discretionary Grant Program

The Washington State Opioid and Overdose Treatment Court Response Plan will focus on providing Washington's treatment courts with the training and resources needed to improve adherence to the national best practice standards and address overdose risk among its target population. HCA is collaborating with Center for Justice Innovation (Center) and the Administrative Office of the Courts (AOC) to create data-driven initiatives to include the development of the Washington Therapeutic Court Evaluation and Review (WATER) assessment tool, designed to assist treatment courts in reviewing their practices in accordance with best practice standards. Additionally, the Washington Therapeutic Courts Training Support (WATTS) will be a website that hosts the assessment tools and will also have a training calendar with links to resources, trainings, and community forums.

Recovery Support Services

PATH – Projects for Assistance in the Transition from Homelessness

- The Projects for Assistance in Transition from Homelessness (PATH) program assists individuals in accessing housing, mental health services, substance abuse treatment, disability benefits, and other services to stabilize them and facilitate recovery.
- DBHR is the state PATH recipient and administers the project statewide as well as oversight to the agencies under direct contract. The BH-ASOs provide local oversight and sub-contract with local, state licensed private, non-profit mental health agencies to provide services directly.
- HCA must reapply for the grant yearly.

Susan Kydd (member)- Is there any way we can use discretionary grants and other funding to address the block grant recommendations that block grants can't address.

			<p>Michael Langer (Deputy Director) - Yes, we can definitely take into consideration BHAC recommendations for other projects such as Discretionary grants, Decision Packages and work with other agencies.</p> <p>Keri Waterland- Washington state has really shown a commitment to Certified Community Behavioral Health Clinics (CCBHC's) and is re applying for Federal Grants that support those. DBHR is also advocating for more funding around eating disorders.</p>
<p>Directors Dialogue</p> <ul style="list-style-type: none"> Agency Requested Legislature: Crisis Worker Liability Protection 	11:00am	Keri Waterland, Michael Langer, Teesha Kirschbaum	<p>Agency Request Legislation-</p> <p>DBHR has identified a need to seek request legislation for Crisis worker Liability Protection. Looking to extend liability protections to Mobile Crisis teams that firefighters and EMT's already have.</p> <p>As a state We are moving of crisis support system to have a no wrong door approach in creating a system. Providers stated that liability was a concern in accepting anyone through their doors. This is hopefully one of the ways we can provide more access.</p>
Lunch	12:00pm	All	
<ul style="list-style-type: none"> BHAC Bylaws summary 	12:30pm	Susan Kydd	<p>Bylaws:</p> <p>Suggested: Member at large role have additional responsibility to follow up with and status of council action items.</p>
<p>Next steps, review action items, review November agenda items.</p> <p>Call for Peer Review Workgroup</p>	1:20pm	Richelle Madigan	<p>Quorum was not reached. An email will go out to vote in new members Julee Christianson and Miranda Meier and approved July meetings.</p> <p>See Action Items Below</p>

Announce open seats for SUD Co-chair and Vice Chair for November BHAC Elections.

Announce November as a mandatory in person meeting.

Adjourn

1:30pm

All

Action Items/Decisions

#	Action Item	Assigned To:	Date Assigned:	Date Due:	Status
1.	Send out list of Discretionary Grants received by DBHR	Nathan Lusk	9/6/2023		
2.	Send most recent draft of Agency Requested Legislation for Mobile Crisis Liability Protection and one pager	Nathan Lusk	9/6/2023		
3.	Send Final Draft of the BHAC Bylaws with DBHR feedback to be voted on at the November Meeting	Nathan Lusk	9/6/2023		2023 bylaws were finalized and approved so that they would be in effect in time for the November elections. 2023 bylaws approved by virtual vote 10/24/2023.
4.	Request for nominations for SUD co-chair and SUD vice-co chair	Membership Committee	9/6/2023		Sent 10/17/2023, nominations due 10/31/2023
5.	Request for volunteers for the Peer Review	Nathan Lusk	9/6/2023		Peer Review workgroup formed 10/19/2023
6.	Schedule BHAC SharePoint Training	Nathan Lusk	9/6/2023		Training Completed 10/19/2023
7.	Send vote remotely to approve July Minutes and two new members	Co-chairs	9/6/2023		Virtual Vote approved 9/27/2023
8.	Send vote remotely to move November BHAC date to November 2 and require it to be in-person	Co-Chairs	9/6/2023		9/19/2023- Executive committee withdrew request to require in person attendance of members to lower barriers to access/attend 9/27/2023- BHAC voted virtually to move November meeting date to 11/2/2023.

