

Supporting Healthful Eating in the Workplace Webinar

Wednesday, May 25, 2022

10 – 11 a.m.

Optional networking session from 11 – 11:30 a.m.

Agenda	Presenters
<p>Welcome and Introductions</p>	<p>Pam Walker Health Promotion Consultant Washington State Health Care Authority</p>
<p>Healthful Eating in the Workplace</p> <ul style="list-style-type: none"> • Individualizing current nutrition guidelines • How nutrition impacts health and performance • Supporting healthful eating in the workplace 	<p>Nicole Horgan Director of Client Experience Vivacity <i>(a wellbeing consulting subsidiary of Premera)</i></p> <p>Amber Rust Manager of Client Experience Vivacity <i>(a wellbeing consulting subsidiary of Premera)</i></p>
<p>Peer Sharing</p> <ul style="list-style-type: none"> • Nutrition policy changes • Including nutrition in our wellness program 	<p>Kim Concepcion Wellness Coordinator Washington State Department of Health</p>
<p>Questions and Evaluation</p>	<p>Pam Walker</p>
<p>Networking</p>	<p>Kristen Stoimenoff Washington Wellness Program Manager Washington State Health Care Authority</p> <p>Darcie Hill, RDN Wellness Coordinator Western Washington University</p>