

**The Department of Enterprise Services (DES) offers webinars related to burnout.**

- [Breaking the Burnout Cycle - June 12, 2023](#)
- [Burnout for Leaders: Supporting Staff and Yourself - June 13, 2023](#)

**Contact Information**

[TrainingInfo@des.wa.gov](mailto:TrainingInfo@des.wa.gov) or call [360-664-1921](tel:360-664-1921)

For more information, click on [How to register for a class](#) to learn who can participate, how to register, and other information such as billing, cancellations, substitutions, and more.