

Zo8 Award

Each year, Washington Wellness recognizes organizations with our Zo8 Award for their achievement in building, growing, and sustaining an effective wellness program.

A wellness program aims to help employees and their family members be their best through positive behavior changes. These changes focus on enhancing well-being, reducing health and injury risks, and improving overall health.

Washington Wellness encourages organizations to use the SmartHealth Workplace Wellness Roadmap. It is an eight-step process based on industry preferred practices to help build the infrastructure for a sustainable wellness program. The roadmap can help organizations plan for and target key areas for success. The Zo8 award represents the organization's commitment to their employees' well-being.

How to apply for the Zo8 award

Organizations apply for the Zo8 award by submitting the SmartHealth Workplace Wellness Roadmap and providing supplemental documents which demonstrate the organization's work towards building and sustaining their employee wellness program. Washington Wellness recognizes and respects that organizations face unique challenges and are at different levels of program maturity. Therefore, organizations can receive the Zo8 award without completing every task outlined in the roadmap.

What do Zo8 award winners receive?

Washington Wellness celebrates Zo8 award winners during an annual recognition ceremony. Winning organizations receive a physical award, certificates for contributing members, and a logo to use in publications, signature lines, and websites to recognize their achievement.

See more on Washington Wellness's [tracking success](#) and [build a wellness program](#) pages.

About the Zo8 logo

- Name Zo: In Greek it means "live."
- Number 8: For the eight steps in our wellness program project plan guide.
- Logo shape: Flower of Life pattern is known to inspire.
- Colors: Based on the four elements that support life (air, earth, water, and fire)

