

Initial plan
Transition plan
Post-discharge

Youth and family:

Record number:

1

Informing the crisis plan

Note: Items in the Risk Behavior Domain rated 3 in the initial Full CANS are addressed in the Crisis Plan and included in the CSCP with details as appropriate.

Scores from the CANS

RF01. Suicide Risk

RF02. Non-suicidal self-injury

RF01/2a. Other self-harm

RF03. Danger to others

RF04. Runaway

RF05. Decision making

RF07. Intended misbehavior

CG03. Safety

Narrative summary (strengths and needs)

History and background information

Medical information

Diagnosis

Medication

Allergies

Other medical information

Primary care provider

Psychiatric provider

2

Youth and family

Youth and family definition of a crisis

Warning signs and triggers (identify behaviors, cues)

Home

School

Community

Anticipated crisis (identify potential precipitating events, what leads to a crisis)

Home

School

Community

Youth and family preferences

Preferred treatment

Preferred services

Preferred hospitals

Preferred advanced directives

Other preferences

3

Detailed proactive/prevention plan

This information will include graduated practical strategies to prevent an escalating situation. Identify which team member will support each intervention.

Home

Team member

- 1.
- 2.
- 3.
- 4.
- 5.

School

Team member

- 1.
- 2.
- 3.
- 4.
- 5.

Community

Team member

- 1.
- 2.
- 3.
- 4.
- 5.

Recommendations: What has been successful in the past?

Include strengths-based strategies that ensure safety, as well as tools and resources available to manage potential risks.

4

Detailed reactive/intervention plan

The information will include graduated practical strategies to intervene in an escalating situation, responses should be the least restrictive. Identify which team member will support each intervention.

Home

Team member

- 1.
- 2.
- 3.
- 4.
- 5.

School

Team member

- 1.
- 2.
- 3.
- 4.
- 5.

Community

Team member

- 1.
- 2.
- 3.
- 4.
- 5.

Recommendations: What has been successful in the past?

Include strengths-based strategies that ensure safety, as well as tools and resources available to manage potential risks.

Things to avoid: What has not been successful in the past?

Crisis and safety plan developed with CFT

Post crisis follow-up meeting held within 14 days of a crisis

5

Outcomes and lessons learned

Examples could include: what stressors were reduced or eliminated that resulted in de-escalation, identified services and supports necessary to continue stabilization or prevent future crises.

Family and friends

1. Name Relationship
Email Phone
Address
2. Name Relationship
Email Phone
Address
3. Name Relationship
Email Phone
Address
4. Name Relationship
Email Phone
Address

Team members

1. Name Agency
Email Phone
2. Name Agency
Email Phone
3. Name Agency
Email Phone
4. Name Agency
Email Phone

Planned respite provider

- | | |
|---------|--------|
| 1. Name | Agency |
| Email | Phone |
| Address | |
| 2. Name | Agency |
| Email | Phone |
| Address | |

7

Signatures

Family member	Date
Family member	Date
Youth	Date
Care coordinator	Date
F/Y partner	Date
Team member	Date
Team member	Date

The crisis plan was shared with all team members.