

DEPARTMENT OF HEALTH & HUMAN SERVICES

Centers for Medicare & Medicaid Services
601 E. 12th St., Room 355
Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

July 27, 2023

Susan Birch, Director
Dr. Charissa Fotinos, Medicaid Director
Health Care Authority
PO Box 45502
Olympia, WA 98504-5010

Re: Washington State Plan Amendment (SPA) Transmittal Number 23-0025

Dear Susan Birch and Dr. Fotinos:

The Centers for Medicare & Medicaid Services (CMS) reviewed your Medicaid State Plan Amendment (SPA) submitted under transmittal number (TN) WA-23-0025. This amendment will add language back to the Medicaid State Plan to clarify the state covers and reimburses all United States Preventive Services Task Force (USPSTF) grade A and B preventive services and approved vaccines recommended by the Advisory Committee on Immunization Practices (ACIP).

We conducted our review of your submittal according to statutory requirements in Title XIX of the Social Security Act. This letter is to inform you that Washington state Medicaid SPA TN 23-0025 was approved on July 20, 2023, with an effective date of April 1, 2023.

If you have any questions, please contact Edwin Walaszek at 212-616-2512 or via email at Edwin.Walaszek1@cms.hhs.gov.

Sincerely,

James G. Scott, Director
Division of Program Operations

Enclosures

cc: Ann.Myers-ann.myers@hca.wa.gov

**TRANSMITTAL AND NOTICE OF APPROVAL OF
STATE PLAN MATERIAL
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES**

1. TRANSMITTAL NUMBER

2. STATE

3. PROGRAM IDENTIFICATION: TITLE OF THE SOCIAL SECURITY ACT

XIX

XXI

TO: CENTER DIRECTOR
CENTERS FOR MEDICAID & CHIP SERVICES
DEPARTMENT OF HEALTH AND HUMAN SERVICES

4. PROPOSED EFFECTIVE DATE

5. FEDERAL STATUTE/REGULATION CITATION

6. FEDERAL BUDGET IMPACT (Amounts in WHOLE dollars)

a. FFY _____ \$ _____
b. FFY _____ \$ _____

7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT

8. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (If Applicable)

9. SUBJECT OF AMENDMENT

10. GOVERNOR'S REVIEW (Check One)

GOVERNOR'S OFFICE REPORTED NO COMMENT
COMMENTS OF GOVERNOR'S OFFICE ENCLOSED
NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL

OTHER, AS SPECIFIED: Exempt

11. SIGNATURE OF STATE AGENCY OFFICIAL

Chami Fata MD, MSc

12. TYPED NAME

13. TITLE

14. DATE SUBMITTED

15. RETURN TO

FOR CMS USE ONLY

16. DATE RECEIVED
June 30, 2023

17. DATE APPROVED
July 27, 2023

PLAN APPROVED - ONE COPY ATTACHED

18. EFFECTIVE DATE OF APPROVED MATERIAL
April 1, 2023

19. SIGNATURE OF APPROVING OFFICIAL

20. TYPED NAME OF APPROVING OFFICIAL
James G. Scott

21. TITLE OF APPROVING OFFICIAL
Director, Division of Program Operations

22. REMARKS

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTON

AMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY

13. c. Preventive services

Screening, Brief Intervention, and Referral to Treatment (SBIRT) services (cont.)

Provider	Qualifications	Services Provided	Servicing or Billing Provider
Marriage & family therapist	• Licensed per chapters 18.225 RCW & 246-809 WAC	All	Billing & servicing: may provide & bill for services
Mental health counselor	• Licensed per chapters 18.225 RCW & 246-809 WAC	All	Servicing: may not bill independently for services
Physician	• Licensed per chapters 18.71 RCW & 246-919 WAC	All	Billing & servicing: may provide & bill for services
Physician assistant	• Licensed per chapters 18.71A RCW & 246-918 WAC	All	Servicing: may not bill independently for services
Psychologist	• Licensed per chapters 18.83 RCW & 246-840 WAC	All	Billing & servicing: may provide & bill for services
Registered nurse	• Licensed per chapters 18.79 RCW & 246-840 WAC	All	Servicing: may not bill independently for services
Social worker: advanced & independent	• Licensed per chapters 18.225 RCW & 246-809 WAC	All	Billing & servicing: may provide & bill for services

B. SERVICES

SBIRT services are covered for determining risk factors that are related to alcohol and other drug use disorders. SBIRT services are:

- *Screening and assessment* (Occurs during an Evaluation and Management (E/M) exam which involves client history, a physical exam, and medical decision-making): The health care professional uses a standardized screening tool to assess a client's substance use behaviors.
- *Brief intervention* in the form of counseling (Limited to 4 sessions per client per provider per calendar year; additional sessions are allowed with prior authorization when medically necessary. In accordance with EPSDT requirements at 1905(r), clients under 21 years of age will receive all medically necessary services to which they are entitled): The health care professional engages the client in a short conversation, providing health information, feedback, motivation, and advice.
- *Referral for treatment*, if indicated: The health care professional provides a referral to a licensed and certified behavioral health agency for assessment and treatment as appropriate.

Washington covers and reimburses all United States Preventive Services Task Force (USPSTF) grade A and B preventive services and approved adult vaccines recommended by the Advisory Committee on Immunization Practices (ACIP), and their administration, without cost-sharing. Changes to ACIP recommendations are incorporated into coverage and billing codes as necessary.

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTON

AMOUNT, DURATION, AND SCOPE OF SERVICES PROVIDED TO THE
MEDICALLY NEEDY GROUP(S): ALL

13. c. Preventive services
Screening, Brief Intervention, and Referral to Treatment (SBIRT) services (cont)

Provider	Qualifications	Services Provided	Servicing or Billing Provider
Marriage & family therapist	<ul style="list-style-type: none"> Licensed per chapters 18.225 RCW & 246-809 WAC 	All	Billing & servicing: may provide & bill for services
Mental health counselor	<ul style="list-style-type: none"> Licensed per chapters 18.225 RCW & 246-809 WAC 	All	Billing & servicing: may provide & bill for services
Physician	<ul style="list-style-type: none"> Licensed per chapters 18.71 RCW & 246-919 WAC 	All	Billing & servicing: may provide & bill for services
Physician assistant	<ul style="list-style-type: none"> Licensed per chapters 18.71A RCW & 246-918 WAC 	All	Servicing: may not bill independently for services
Psychologist	<ul style="list-style-type: none"> Licensed per chapters 18.83 RCW & 246-840 WAC 	All	Billing & servicing: may provide & bill for services
Registered nurse	<ul style="list-style-type: none"> Licensed per chapters 18.79 RCW & 246-840 WAC 	All	Servicing: may not bill independently for services
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