



Coverage options for seniors and individuals with disabilities

Apple Health (Medicaid) offers coverage for individuals who are age 65 or older, have blindness or a disability, or are in need of long-term services and supports (LTSS).

Those who are Aged, Blind, or Disabled (ABD)

If you are age 65 and older, blind, or disabled and meet income and resource requirements, Washington Apple Health (Medicaid) may provide health care coverage and help pay for Medicare premiums and medical expenses.

For more information on coverage options, including Hospice, visit hca.wa.gov/free-or-low-cost-health-care/i-need-medical-dental-or-vision-care/long-term-care-and-hospice.

Applying for ABD coverage

- **Online:** Visit [washingtonconnection.org](https://www.washingtonconnection.org).
- **Paper application:** Print out Form 18-005, available at hca.wa.gov/classic-health-care-application
 - ♦ **Mail:** DSHS Community Services Division, P.O. Box 11699, Tacoma, WA 98411-6699.
- **In person:** Visit a Community Services Office near you. Visit dshs.wa.gov/office-locations.
- For questions call DSHS customer service at 1-877-501-2233.

Long-Term Services and Supports (LTSS)

Apple Health pays for services in your home, a community residential care facility, assisted living facility, adult family home, or nursing facility if you meet certain criteria based on an assessment.

Tailored Support for Older Adults (TSOA) and Medicaid Alternative Care (MAC) are LTSS programs that assist caregivers who are currently caring for a friend or family member at no cost.

Applying for LTSS

- **Online:** Visit [washingtonconnection.org](https://www.washingtonconnection.org).
- **Paper application:** Print out Form 18-005, available at hca.wa.gov/classic-health-care-application
- **In person:** Visit a Home and Community Services office near you. Visit dshs.wa.gov/office-locations.
- For questions call your local Home and Community Services office. Visit dshs.wa.gov/office-locations.

Note: Income and resource requirements apply for these programs.



Speech or hearing disability, or mobility issues

If you have a speech or hearing disability or mobility issue, you should tell the receptionist when you make your appointment. The receptionist of your health care provider will help you make any necessary arrangements.

Interpreter services

If you don't speak English well or you are Deaf, Deaf Blind, or Hard of Hearing, professional interpreters are available in many languages, including sign language at no cost to you. Let the receptionist know you need an interpreter when you schedule your appointment. For more information visit hca.wa.gov/interpreter-services.

Transportation services

You may be eligible for help with transportation to your health care appointment at no cost to you. The appointment must be for services covered by Apple Health. If you need help to find transportation or a doctor in your area, please call 1-800-562-3022. For more information visit hca.wa.gov/transportation-help.

HCA complies with all applicable federal and Washington state civil rights laws and is committed to providing equal access to our services. If you need an accommodation, or require documents in another format or language, please call 1-800-562-3022 (TRS: 711).

