

Family Planning Only coverage

First Friday Forum
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Agenda

What is Family Planning Only (FPO)

What is covered

- Pharmacy contraceptive access survey

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What is Family Planning Only

What is Family Planning Only?

- ▶ Family Planning Only (FPO) provides coverage to individuals for family planning services to help ensure access to sexual and reproductive health care and prevent unintended pregnancies.
- ▶ It's different from comprehensive Apple Health (Medicaid):
 - ▶ Income eligibility – up to 260% FPL
 - ▶ Offers confidential coverage (when covered by other insurance)
 - ▶ Non-citizens are eligible (state only funds)
- ▶ View our FPO brochure at hca.wa.gov/assets/free-or-low-cost/13-0073-family-planning-only-coverage.pdf.
- ▶ Learn more about the FPO program at hca.wa.gov/family-planning.

What is covered

What is covered? (limited coverage)

- ▶ One comprehensive preventive family planning visit every year and follow-ups.
- ▶ Counseling, education, and/or risk reduction.
- ▶ Supplies and education for FDA approved contraceptives (includes 12-month supply of pills), natural family planning, and/or abstinence.
- ▶ Over the counter (OTC) products such as condoms, spermicides, emergency contraception (at pharmacy).
 - ▶ View the OTC FAQ for clients: hca.wa.gov/assets/billers-and-providers/over-the-counter-contraceptive-faq-clients.pdf

What is covered? (continued)

- ▶ Permanent methods, such as tubal ligations (tubes tied) or vasectomy.
- ▶ Pregnancy testing and cervical cancer screening.
- ▶ STI/STD testing, & treatment, as necessary for safe and effective use of a client's chosen contraceptive method.
- ▶ HPV vaccinations.

Coverage can be used at any Apple Health provider
offering family planning services

Find-A-Provider:

<https://fortress.wa.gov/hca/p1findaprovider/>

Contraceptives

Prescribed (generally)	Over-the-Counter (no prescription)
Pills, Ring, and Patch	Condoms
Emergency Contraception	Spermicide
Injectable	Emergency Contraception <i>(note: dummy code)</i>
IUD	Patient education materials
Implant	Oral thermometer
Cervical Cap/Diaphragm	Cycle beads

- ▶ HCA covers a **12-month supply**.

Prescription Drug Program billing guide:

hca.wa.gov/billers-providers-partners/prior-authorization-claims-and-billing/provider-billing-guides-and-fee-schedules#billing-guides-fee-schedules

HCA OTC Pharmacy FAQs:

hca.wa.gov/assets/billers-and-providers/over-the-counter-contraceptive-faq-clients.pdf

Pharmacy contraceptive survey

Pharmacy contraceptive survey

- ▶ HCA would like to hear from pharmacy staff about barriers and solutions in prescribing and dispensing contraception. Please share our survey broadly.
 - ▶ Survey will run through Q1 2024.
- ▶ **Pharmacy contraceptive access survey:**
https://hca.servicenowservices.com/nav_to.do?uri=%2Fassessment_take2.do%3Fsysparm_assessable_type%3D4b438b891b4db9106dda113d9c4bcbe3
- ▶ **Read the GovDelivery bulletin to learn more:**
<https://content.govdelivery.com/accounts/WAHCA/bulletins/36f5375>

How to apply

Applying

Many ways to apply:

- **Online:** wahealthplanfinder.org
- **Fax:** 1-866-841-2267
- **Email:** apple@hca.wa.gov
- **Phone:** 1-800-562-3022 ext. 12533 (interpreters available)
- **Mail:** HCA MEDS,
PO Box 45531,
Olympia, WA 98504-5531

Application for FPO services:
hca.wa.gov/family-planning-only
(available in 15 languages)

Washington State
Health Care Authority

Application for Family Planning Only services

Are you currently pregnant? Yes No If you answered Yes, you are not eligible for family planning services, but may be eligible for health coverage. Apply online at wahealthplanfinder.org

By filling out this application, you acknowledge you are applying for family planning services only.

1. Applicant and Contact Information

First Name (use your full legal name) Middle Initial Last Name

Male Female _____
Date of birth Social Security Number Resident of Washington?
 Yes No

Address where you live Apt. # City State Zip Code

Do you have Private health insurance or Apple Health (Medicaid) coverage? Yes No
If you answered Yes, you are not eligible for family planning services unless you meet one of the exceptions below:
 I am seeking confidential family planning services and I am 18 years old or younger;
OR
 I am a victim of domestic violence and I am covered under my abuser's health insurance.
(proceed to section (2) if you have checked either of the boxes above)

Printed copies needed?

Email: andrea.estes@hca.wa.gov

Confidentiality

- ▶ When applying, applicant information is entered in our systems under a “protected status.”
- ▶ Applicants (or clients) can choose an address for any paperwork.
- ▶ No Explanation of Benefits (EOB) are sent.
- ▶ When protected status clients call in, they’re routed to a live person, not an automated system.

Confidential family planning services offered for:

- Teens, or
- Those experiencing interpersonal or domestic violence.

Other updates

Other FPO updates

- ▶ CMS approved a one-year extension through June 30, 2024 (pending decision on 1115 FPO Waiver: 5-year renewal)
- ▶ “FPO Pregnancy-related” is no longer applicable to FPO as pregnancy clients are now eligible for After-Pregnancy Coverage for 12 months at the end of any pregnancy (i.e. birth, loss, etc.). More at hca.wa.gov/apc.
- ▶ FPO STI testing expansion in progress (HIV, Hep B, C, and vaccinations)
- ▶ Updates provided through web pages and expanded GovDelivery lists, please sign-up:
 - ▶ [Family Planning Only \(general policy updates\)](#)
 - ▶ [Abortion and miscarriage health care](#)
 - ▶ [Confidentiality and reproductive health care](#)
 - ▶ [Contraceptive methods and prescriptions](#)

Provider trainings

Provider trainings

- ▶ HCA continues to update materials and host presentations for providers, patient navigators or assisters, billing staff, or anyone who works with the family planning programs.
- ▶ To request a specific training or program presentation, email hcafamilyplanning@hca.wa.gov.
- ▶ **Next semi-annual Family Planning “office hours”:**
 - ▶ Tuesday, November 21 at 12:15 p.m.
 - ▶ To register visit hca.wa.gov/billers-providers-partners/program-information-providers/family-planning-only.

Thank you!

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For policy questions:

Email: hcafamilyplanning@hca.wa.gov

For billing questions:

- Fee-for-service (coverage w/o managed care):
Email: fortress.wa.gov/hca/p1contactus/
- For coverage with managed care:
Email: hca.wa.gov/free-or-low-cost-health-care/i-need-medical-dental-or-vision-care/apple-health-managed-care#contact-your-apple-health-plan