



## Kuhtuh Ma Mwetuh Oacna Siyuk ke Managed Care

### Meac Washington Apple Health managed care?

Managed Care, el kas se ma sang ahkseteye kain in kahsrub ma oasr ke kais sie health care organization ac plan ma ahkfahsryeyuk sin Apple Health (Medicaid). Kais sie managed care plan inge oasr ke contract inmahsrub kais sie health care provider (hospital, kuh mwet suc kahsrub ke ip lun ono). Kom ac enenuh in sulaclah primary care provider lom an ke managed care plan ma kom oasr ke an. Primary care provider lom an ac fah tuh kahsrub kom ke health care plan lom an.

### Kain in Apple Health managed care fuhkah nga ac kuh in orekmakin?

Kom fin eligible (kuh in wi eis) nuhke Apple Health, na managed care plan lom an e wiwi na acn ma kom muhta we an. Kom kuh pac in liye ke [hca.was.gov/ah-plans-by-county](https://hca.was.gov/ah-plans-by-county) kais sie plan ma oasr ke county suc kom oasr ke an. Washington Healthplanfinder account dashboard lom an.

### Enenuh se na nga in enroll nuh ke Apple Health managed care plan?

Inkaiyacn mwet ma enroll nuhke Apple Health (Medicaid) elos orekmakihn sie sin health service ma oasr ke managed care plan suc oasr ke contract ye Health Care Authority. Sahp kom kuh pac in exempt in enroll nuh ke managed care plan fin kom mwet:

- American Indian/ kuh mwet Native nuh Alaska
- Mwet ma eligible nuh ke Medicare

### Kuh, e kuh in kais sie mwet ke lohm se enroll nuh ke kain in Apple Health managed care plan?

Mmo, e tiac kuh. Mwet nuh kewa ke lohm se enenuh in tuhkeni enroll nuh ke plan se fanna. Tuhsruhtu, kais sie mwet ke lohm sacn kuh in oasr kain in primary care provider la sifacna.

### Ngac oruh fuhkah ngacn kuh in ahollah Apple Health managed care plan luhk uh?

Oasr kain in options (oiyac, kuh plan saye) suc kom ac kuh in orekmakin:

Elos na kewa ke Apple Health suc oasr tari account la ke Washington Healthplanfinder, elos kuh in ahollah plan lalos uh:

- **Online:** [wahealthplanfinder.org](https://wahealthplanfinder.org)

Elos na kewa suc oasr tari ke Apple Health, elos kuh in pahngon pac HCA in ahollah plan lalos uh:

- **Online:** [waproviderone.org/client](https://waproviderone.org/client)
- **Email:** [fortress.wa.gov/hca/p1contactus](mailto:fortress.wa.gov/hca/p1contactus)
  - Sulaclah "client" na kom som nuh ke "Enroll/Change Health Plans"
- **Phone:** 1-800-562-3022

## **Pacl fuhkah nga ac kuh in ekuhlah Apple Health managed plan luhk uh?**

Kom ac kuh in ekuhlah Apple Health managed care plan lom an ke oacna sie pacl. Managed care enrollment lom an e srack na wo ne ke kapihn mahlem se ma kom sulaclah in ekuhlah plan care lom an. Na, care plan sasuc lom an e kuh in muhtacwak ke mahlem na tuhkuh an.

## **E fuhkah nga fin tiacna sulaclah sie sin Apple Health (Medicaid) managed care plan inge?**

Kuht ac fah sulaclah lom. Tuhsruhktu, kom ac kuh in tuhfeh ekuhlah tok.

## **Ngac oruh fuhkah ngacn kuh in konack pac kuhtuh mwe ahkkahlemye ke Apple Health coverage, kuh managed care plan se inge?**

Kom ac kuh pac in konack kuhtuh mwe ahkkahlemye inge online ke *Welcome to Washington Apple Health* booklet se ke [hca.wa.gov/ah-client-booklets](http://hca.wa.gov/ah-client-booklets).

## **Meac kalmen “Coverage ma tiacna oasr ke managed care plan”?**

Kalme uh pa, tiac mwet nuh kewa suc oasr ke Apple Health enenu in enroll nuhke managed care plan. Kuhtuh pacl uh, kom ac kuh in sulaclah kuhtuh coverage suc tiacna oasr ke managed care plan. Kom ac kuh in oraclah sulaclah ke website ah.

## **Meac kalmen “provider”?**

Kalmen provider pa, elos na kewa su ahkkfwasrye kasruh lalos ke ip luhn ono. Doctor, mwet nurse, mwet orekma ke mental, mwet counselor, mwet orek wihs, ac mwet orekma ke pharmacy.

## **Enenuh ngacn moli premium, co-pays ac deductibles luhk uh nga fin oasr ke Apple Health?**

Wacngihn co-pay kuh deductibles ke kom orekmakin Apple Health program. Kom ac sahp moli kuhtuhsrik premium fin tuhlik nuhtum an oasr Apple Health for Kids, kuh kom kuh sie sin mwet lom an orekmakin Healthcare for Workers with Disability (mwet orekma suc oasr sikhapahs la). Tuhsruhktuh kom ac tiac enenu in moli co-pays ac deductibles kac. Kuhtuh sin Apple Health coverage uh wacngin premiums kac.

## **Kain in benefits (kashruh) fuhkah tuhku ke health plan se inge?**

Kewa na Apple Health managed care plans inge oacna sie ke benefits (kashru) ma kom ac kuh in eis kac. Kom ac kuh pac in koneack kuhtuh me ahkkahlemye ke covered benefits (kain in kashruh saye) ke *Welcome to Washington Apple Health* booklet se ke [hca.wa.gov/ah-client-booklets](http://hca.wa.gov/ah-client-booklets).

## **Suc nga enenu in sramsram nuh se fwin oasr kuhsen siyuck luhk ke Apple Health?**

Kom ac kuh pac in pahngon Health Care Authority:

- **Email:** [fortress.wa.gov/hca/p1contactus](mailto:fortress.wa.gov/hca/p1contactus)
- **Phone:** 1-800-562-3022